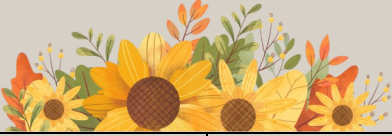


<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
  2025 NOVEMBER						1. Lunch: Chicken Long Rice Dinner: Beef Chimichanga
2. Lunch: Thai Basil Garlic Shrimp Dinner: Hamburger Steaks w/Gravy	3. Lunch: Chicken Papaya or Vegetable Oyster Tofu (V, GF) Dinner: Pork Nishime	4. Lunch: Kalua Pork & Cabbage or Stuffed Cabbage Rolls (V) Dinner: Beef & Italian Sausage Lasagna	5. Lunch: Chicken Katsu or Szechuan Chinese Eggplant (V, GF) Dinner: Pork Stew	6. Lunch: Beef Fajitas or Black Bean & Veggie Fajitas (V) Taco Bar Available Dinner: Chicken Tikka Masala	7. Lunch: Thai Fish or Ulu Stir Fry (V) Dinner: Beef Stroganoff	8. Lunch: Char Siu Pork Dinner: Baked Kauai Prawns
9. Lunch: Shoyu Chicken Dinner: Beef Meatloaf	10. Lunch: Teriyaki Beef or Teriyaki Tofu (V) Dinner: Shrimp Scampi w/Spaghetti	11. Holiday Lunch: Thai Yellow Curry Chicken or Thai Yellow Curry Tofu (V, GF) Dinner: Ginger Pepper Steak	12. Lunch: Pork Loin w/Gravy or Curried Pumpkin & Peas (V, GF) Dinner: Pan Fried Fish	13. Lunch: Open Face Turkey Sandwich or Kabocha Chili (V, GF) Dinner: Hawaiian Garlic Shrimp	14. Lunch: Big Island Beef Burger or House Made Veggie Burger on Bun (V) <i>Burger Bar Available</i> Dinner: Grilled Teri Pork	15. Lunch: BBQ Chicken Dinner: Beef & Broccoli
16. Lunch: Garlic & Parsley Grilled Catch of the Day Dinner: Roast Beef w/Gravy	17. Lunch: Chicken Enchiladas Rojo or Jackfruit Enchiladas Rojo (V) Dinner: Pork Chop	18. Lunch: Mushroom & Spinach w/Italian Sausage Pasta or Kabocha Chili (V, GF) Dinner: Korean BBQ Beef Short Ribs	19. Lunch: Arroz Caldo or Sesame Edamame Stir Fry (V, GF) Dinner: BBQ Pulled Pork Sandwiches	20. Lunch: Spaghetti Bolognese or Veggie Bolognese (V) Dinner: Chicken Adobo	21. Lunch: Poke Nachos or Taro Nachos (V) Dinner: Beef Sinigang Soup	22. Lunch: Pork Chow Mein Dinner: Garlic Butter Shrimp
23. Lunch: Rosemary Roast Chicken Dinner: Beef Chopped Steak	24. Lunch: Beef Stew or Veggie Stew (V) Dinner: Shrimp Alfredo w/Spaghetti	25. Lunch: Chicken Wings or Gochujang Cauliflower (V, GF) Dinner: Beef Afritada	26. Lunch: Pork Adobo or Eggplant Adobo (V, GF) Dinner: Panko Baked Salmon	27. Lunch: Roast Turkey or Vegan Roast (V) Dinner: Baked Ham 	28. Lunch: Beef Chili or Veggie Chili (V, GF) Potato Bar Available Dinner: Pork Pancit	29. Lunch: Crispy Chicken Sandwiches Dinner: Beef Chimichanga
30. Lunch: Honey Walnut Shrimp Dinner: Spaghetti w/Beef Meatballs	V-Vegan Veg -Vegetarian GF- Gluten Free GF*- Confirm w/Kitchen    It's Fall y'all					