

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
					<b>1. Lei Day</b> <b>Lunch</b> - Beef Loco Moco (M,E,W,F,SO) or Veggie Loco Moco (V, GF, SO) <b>Dinner</b> - BBQ Pork Rib (GF)	<b>2.</b> <b>Lunch</b> - Chicken Papaya (GF, SO) <b>Dinner</b> - Hawaiian Chop Steak (W, SO)
<b>3.</b> <b>Lunch</b> - Lemon Pepper Cod (GF, F) <b>Dinner</b> - Roast Beef w/Gravy (W, SO)	<b>4.</b> <b>Lunch</b> - Chicken Long Rice (W, SO) or Veggie Long Rice (V, GF, SO) <b>Dinner</b> - Seared Pork Chop (W, SO)	<b>5.</b> <b>Lunch</b> - Kalua Pork Nachos (GF) or Vegan Jackfruit Nachos (Veg, M, GF) <b>Dinner</b> - Hamburger Goulash (W, M, E)	<b>6.</b> <b>Lunch</b> - Arroz Caldo (E, F, SO, GF) or Sesame Edamame Stir Fry (V, GF, SE, SO) <b>Dinner</b> - Pork & Peas (W,SO)	<b>7.</b> <b>Lunch</b> - Spaghetti Bolognese (W, M, SO) or Veggie Bolognese (V, W, SE, SO, TN)) <b>Dinner</b> - Chicken Adobo (W, SO)	<b>8.</b> <b>Lunch</b> - Thai Fish (GF, F, SO) or Ulu Stir Fry (V, GF,SO) <b>Dinner</b> - Beef Stroganoff with Egg Noodles (W, E, F, M, SO)	<b>9.</b> <b>Lunch</b> - Portuguese Bean Soup (W, M, E, SO) <b>Dinner</b> - Shrimp Mac & Cheese (SF, W, M)
<b>10. Mother's Day</b> <b>Lunch</b> - Shoyu Chicken (W, SO) <b>Dinner</b> - Beef & Cheese Taquitos (W, M, SO)	<b>11.</b> <b>Lunch</b> - Teriyaki Beef (W, SE, SO) or Teriyaki Tofu (V, GF, SO) <b>Dinner</b> - Shrimp Scampi w/Spaghetti (W, SF, M)	<b>12.</b> <b>Lunch</b> - Chicken Katsu (W, E, SO) or Ulu Pineapple Glazed w/ Tofu (V, GF, SE, SO) <b>Dinner</b> - Ginger Pepper Steak (W, SO)	<b>13.</b> <b>Lunch</b> -Pork Pancit (GF, SO) or Veggie Pancit (V, SO, GF)) <b>Dinner</b> - Honey Glazed Salmon (F)	<b>14.</b> <b>Lunch</b> - Grilled Fish Tacos (F, M, W, SO) or Black Bean Tacos (V, W, SO) <b>Taco Bar available</b> <b>Dinner</b> - Roast Turkey w/Gravy (W, M, SO)	<b>15.</b> <b>Lunch</b> - Beef Chili (GF) or Veggie Chili or Veggie Chili (V,GF) Potato Bar Available <b>Dinner</b> - Pork Sofrito (W, SO)	<b>16</b> <b>Lunch</b> - Crispy Chicken Sandwiches (W, SE, SO) <b>Dinner</b> - Beef & Broccoli (W, SE, SO, SF)
<b>17</b> <b>Lunch</b> - Grilled Catch of the Day (F) <b>Dinner</b> - Spaghetti w/Beef Meatballs (W, E, M)	<b>18.</b> <b>Lunch</b> - Garlic Chicken w/ Sriracha Aioli (W, SO, E) or Gochujang Cauliflower (V, W, SO, SE) <b>Dinner</b> - Pork Nishime (W, SO)	<b>19.</b> <b>Lunch</b> - Kalua Pork & Cabbage (W, SO) or Stuffed Cabbage Rolls (Veg, W, M, SE, SO) <b>Dinner</b> - Beef & Italian Sausage Lasagna (W, M)	<b>20.</b> <b>Lunch</b> - Rosemary Chicken (GF) or Szechuan Chinese Eggplant (V, GF) <b>Dinner</b> - Roast Pork w/ Gravy (W)	<b>21.</b> <b>Lunch</b> - Beef Curry (GF, SO) or Curried Tofu Stir Fry (V, GF, SO) <b>Dinner</b> - Thai Basil Chicken (F, SO, GF)	<b>22.</b> <b>Lunch</b> - Beer Battered Ono (W, F) or Quinoa Broccoli Bake (V, GF, SE, SO) <b>Dinner</b> - Beef Sinigang Soup (F, M, SO, SF)	<b>23.</b> <b>Lunch</b> -Chorizo & Oaxaca Chimichangas (W, SO, M) <b>Dinner</b> - Garlic Butter Shrimp GF, M, SF)
<b>24.</b> <b>Lunch</b> - Chicken Thai Yellow Curry (GF, F, SO) <b>Dinner</b> - Beef Meatloaf (W, E, SO)	 <b>25. Memorial Day</b> <b>Lunch</b> - Korean Beef Short Rib (W, SE, SO) or Veggie Shish Kebab (GF,V, SO) <b>Dinner</b> - Shrimp Rosa w/Spaghetti (W, M, SF)	<b>26.</b> <b>Lunch</b> - Chicken Piccata w/ Fettucine (M,W) or Gardein Chick'n Piccata w/ Fettucine (V, W, SO) <b>Dinner</b> - Hot Pastrami Sandwiches (W, SE, SO)	<b>27.</b> <b>Lunch</b> - Pork Adobo (W, SO) or Eggplant Adobo (V, GF, SO) <b>Dinner</b> - Mediterranean Salmon (F)	<b>28.</b> <b>Lunch</b> - Hawaiian Garlic Shrimp (W, M, SF) or Crispy Hawaiian Garlic Tofu (V, GF, SO) <b>Dinner</b> - Turkey Pot Pie (M, W, SO)	<b>29.</b> <b>Lunch</b> - Big Island Burger (M, E, F, SO) or Veggie Burger Bun (V, W, SO, TN) Burger Bar Available <b>Dinner</b> - Roast Pork Loin w/ Gravy (W)	<b>30</b> <b>Lunch</b> - Chicken Tikka Masala (M, SO, GF) <b>Dinner</b> - Beef Burrito (W,M,SO)
<b>31.</b> <b>Lunch</b> - Baked Miso Butter Fish (W, F, SO) <b>Dinner</b> -Philly Cheese Steak (W, M, SO)					<b>Allergen Index</b> <b>GF:</b> Gluten free <b>E:</b> Eggs <b>P:</b> Peanuts <b>V:</b> Vegan <b>F:</b> Fish <b>W:</b> Wheat <b>Veg:</b> Vegetarian <b>SF:</b> Shellfish <b>SO:</b> Soybeans <b>M:</b> Milk <b>TN:</b> Tree Nuts <b>SE:</b> Sesame	