

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<p>1. <b>Lunch:</b> Shoyu Chicken</p> <p><b>Dinner:</b> Beef Meatloaf</p>	<p>2. <b>Lunch:</b> Teriyaki Beef or Teriyaki Tofu (V, GF)</p> <p><b>Dinner:</b> Shrimp Scampi w/Spaghetti</p>	<p>3. <b>Lunch:</b> Chicken Katsu or Ulu Pineapple Glazed w/Tofu (V, GF)</p> <p><b>Dinner:</b> Hot Pastrami Sandwiches</p>	<p>4. <b>Lunch:</b> Pork Loin w/Gravy or Curried Pumpkin &amp; Peas (V, GF)</p> <p><b>Dinner:</b> Bang Bang Salmon</p>	<p>5. <b>Lunch:</b> Hawaii Garlic Shrimp or Crispy Hawaiian Garlic Tofu (V, GF)</p> <p><b>Dinner:</b> Honey Garlic Turkey Meatballs</p>	<p>6. <b>Lunch:</b> Big Island Beef Burger or House Made Veggie Burger on Bun (V) <i>Burger Bar Available</i></p> <p><b>Dinner:</b> Pork Spare Rib Soup</p>	<p>7. <b>Lunch:</b> Chicken Papaya</p> <p><b>Dinner:</b> Hawaiian Chopped Steak</p>
<p>8. <b>Lunch:</b> Brown Butter Cod</p> <p><b>Dinner:</b> Roast Beef w/Gravy</p>	<p>9. <b>Lunch:</b> Chicken Long Rice or Veggie Long Rice (V, GF)</p> <p><b>Dinner:</b> Seared Pork Chop</p>	<p>10. <b>Lunch:</b> Kalua Pork Nachos or Vegan Jackfruit Nachos (V, GF)</p> <p><b>Dinner:</b> Hamburger Goulash</p>	<p>11. <b>Lunch:</b> Arroz Caldo or Sesame Edamame Stir Fry (V, GF)</p> <p><b>Dinner:</b> Pork &amp; Peas</p>	<p>12. <b>Lunch:</b> Spaghetti Bolognese or Veggie Bolognese (V)</p> <p><b>Dinner:</b> Chicken Adobo</p>	<p>13. <b>Lunch:</b> Thai Fish or Ulu Stir Fry (V, GF)</p> <p><b>Dinner:</b> Beef Stroganoff</p>	<p>14. <b>Lunch:</b> Portuguese Bean Soup</p> <p><b>Dinner:</b> Shrimp Mac &amp; Cheese</p>
<p>15. <b>Lunch:</b> Rosemary Roast Chicken</p> <p><b>Dinner:</b> Beef &amp; Cheese Taquitos</p>	<p>16. <b>Lunch:</b> Beef Short Rib or Vegan Sausage &amp; Veggie Shish Kebab (V, GF)</p> <p><b>Dinner:</b> Shrimp Alfredo w/Spaghetti</p>	<p>17. <b>HAPPY ST PATRICK'S DAY</b></p> <p><b>Lunch:</b> Corned Beef and Cabbage or Beyond Brats Bangers &amp; Mash (V, GF)</p> <p><b>Dinner:</b> Ginger Pepper Steak</p>	<p>18. <b>Lunch:</b> Pork Pancit or Veggie Pancit (V)</p> <p><b>Dinner:</b> Panko Baked Salmon</p>	<p>19. <b>Lunch:</b> Grilled Shrimp Tacos or Black Bean Tacos (V)</p> <p><b>Dinner:</b> Roast Turkey w/Gravy</p>	<p>20. <b>Lunch:</b> Beef Chili or Veggie Chili (V, GF) <i>Potato Bar Available</i></p> <p><b>Dinner:</b> Pork Adobo</p>	<p>21. <b>Lunch:</b> Crispy Chicken Sandwiches</p> <p><b>Dinner:</b> Beef &amp; Broccoli</p>
<p>22. <b>Lunch:</b> Honey Walnut Shrimp</p> <p><b>Dinner:</b> Spaghetti w/Beef Meatballs</p>	<p>23. <b>Lunch:</b> Garlic Chicken with Sriracha Aioli or Gochujang Cauliflower (V)</p> <p><b>Dinner:</b> Pork Nishime</p>	<p>24. <b>Lunch:</b> Kalua Pork &amp; Cabbage or Stuffed Cabbage Rolls (V, GF)</p> <p><b>Dinner:</b> Beef &amp; Italian Sausage Lasagna</p>	<p>25. <b>Lunch:</b> Chicken Sofrito or Szechuan Chinese Eggplant (V, GF)</p> <p><b>Dinner:</b> Roast Pork with Gravy</p>	<p>26. <b>PRINCE KUHIO DAY</b></p> <p><b>Lunch:</b> Pork Lau Lau &amp; Veggie Lau Lau (V) </p> <p><b>Dinner:</b> Thai Basil Chicken</p>	<p>27. <b>Lunch:</b> Tempura Fish &amp; Chips or Quinoa Broccoli Bake (V, GF)</p> <p><b>Dinner:</b> Beef Sinigang Soup</p>	<p>28. <b>Lunch:</b> Chorizo &amp; Oaxaca Chimichangas</p> <p><b>Dinner:</b> Garlic Butter Shrimp</p>
<p>29. <b>Lunch:</b> Chicken Thai Yellow Curry</p> <p><b>Dinner:</b> BBQ Beef Meatloaf</p>	<p>30. <b>Lunch:</b> Beef Fajitas or Black Bean &amp; Veggie Fajitas (V) <i>Taco Bar Available</i></p> <p><b>Dinner:</b> Shrimp Rosa w/Spaghetti</p>	<p>31. <b>Lunch:</b> Chicken Wings or Ulu Pineapple Glazed w/Tofu (V, GF)</p> <p><b>Dinner:</b> Philly Cheesesteak Sandwich</p>	<p><b>V= Vegan</b>  <b>GF= Gluten Free</b></p>			