

## PATIENT'S RIGHTS

### You have the right to...

- Informed consent for non-emergency treatment
- Access to written rules and regulations for the Behavioral Health Unit
- Access to the hospital's grievance procedure
- Privacy, respect and personal dignity
- A humane environment
- Freedom from discriminatory treatment based on age, gender, race, religion or national origin
- Uncensored communication with family/friends when you maintain responsible behaviors
- Appropriate care and treatment
- Qualified, competent staff
- A medical examination before initiation of non-emergency treatment
- Participation in your treatment planning
- Knowledge of rights withheld or removed by a court of law
- Physical exercise and recreation
- Adequate food and hydration
- Knowledge of the names and titles of staff members with who you have frequent contact
- Designate who can or cannot visit and telephone you in the BHU
- Notice of and reasons for impeding transfer
- Freedom of seclusion or restraint, except when:
  - necessary to prevent injury to self and others
  - necessary to prevent the rights of others
- Access to information that has been disclosed to a court for the purpose of an involuntary civic commitment hearing

## CONTRABAND (Items NOT Allowed in Unit)

Food or drinks from visitors	Recording devices	Cellphone
Valuables	Medications	Cameras
Jewelry	Cigarettes	Airpods
Headphones/headsets	Chopsticks	Pens, pencils
Pointed objects	Spiral notebooks	Metal nail files
Matches, lighters	Hats, sunglasses (only Rx)	Rubber or plastic gloves
Belts	Boots	Shoelaces
Bra with underwire	Bandana or scarf	Bathing suits
Military fatigues	Drawstring clothes	Soda cans
Cosmetics with glass	Glass bottles	Tape
Plastic or glass vase	Pornography	Weapons
Rope or string	Plastic bags	Laptop computers

## CONTROLLED ITEMS (Secured and Dispensed by Staff)

Walker/Canes	Dental floss	Mousse
Grooming supplies	Nail clippers	Craft supplies
Shampoo	Conditioner	Deodorant

## LOCATION

79-1019 Haukapiula St.  
Kealakekua, HI 96750

## CONTACT

808.322.4500  
[www.kch.hhsc.org](http://www.kch.hhsc.org)



## KALANI OLA BEHAVIORAL HEALTH UNIT

## PATIENT GUIDE

This brochure contains information to help make your stay here comfortable, safe and therapeutic.

## CARE AND TREATMENT

### SPIRITUAL CARE

- You may request clergy visits to receive spiritual counseling.
- Staff will make all attempts to allow privacy.

### PROGRAM AND GROUP PARTICIPATION

- The Behavioral Health Unit program has been designed to help you understand your current situation and potential for a healthy future.
- The Treatment Team will provide individual and group activities to help you. You will be encouraged and expected to participate in all activities.
- Please let the staff know if you feel unable to attend so we can address your concerns and health needs.
- Please try to remain in the group for the entire session; if you must leave early, let staff know.

### UNACCEPTABLE BEHAVIOR

- Combative, aggressive or assaultive behavior will lead to immediate removal from the situation.
- Touching other patients or staff is not allowed.
- Visiting in other patient's rooms is not allowed.

### SMOKING IS NOT ALLOWED IN THE BHU

- You have access to nicotine replacement therapy to help alleviate the cravings. Let us know if you would like this therapy.

### MEDICATIONS

- Medications are an important element in your recovery.
- Communicate your concerns about your medications to your doctor or nurse.

## PATIENT RESPONSIBILITIES

### VISITING

- We are all responsible for maintaining a safe and therapeutic environment.
- All packages for patients will be examined.
- Visitor's personal belongings will not be brought into the unit. It is best to leave backpacks and purses at home or in the car.
- A maximum of two visitors are permitted at a time.
- Visitors must be at least 18 years old unless pre-approved.
- All visits must take place in the day room, courtyard or exercise room.

### TELEVISION

- Televisions will be turned off during scheduled activities, including mealtimes and at night.

### TELEPHONE

- You may use the telephone between 8:00 AM and 9:00 PM, except during scheduled activities.

### MAIL/BOOKS

- Mail delivery is Mon-Fri except holidays. Mail will be opened in front of staff
- Books and magazines can be borrowed from our library

### VALUABLES AND PERSONAL BELONGINGS

- Valuables will be locked in a safe.

## PERSONAL CARE

### GROOMING AND HYGIENE

- You may wear your own clothes after you have been searched. Clothes that are unsafe or sexually provocative are not allowed.
- You will be encouraged to provide for your own care; staff can help as needed.
- Staff will provide grooming and hygiene supplies as needed.
- You may shower between the hours of 7:00 AM and 9:00 PM, except during scheduled activities.

### LAUNDRY

- You may use the clothes washer and dryer between 7:30 AM and 9:00 PM except during scheduled activities.
- Staff will provide laundry detergent.

### NUTRITION

- Meals are served in the day room.
- Hospital staff will work with you to balance your health needs and food preferences.
- Meals are served at approximately the following times:
  - Breakfast: 7:30 AM
  - Lunch: 12:00 Noon
  - Supper: 5:30 PM

### COMPLAINTS/GRIEVANCES

- You may make a written complaint to any staff member.
- Staff will inform the Nurse Manager who will investigate the complaint with you. You may also call Hawaii Disability Rights Center (HDRC) intake., Monday-Friday, 8:00 AM to 12 Noon at 1-800-882-1057.
- If you are a current client of HDRC, you can call the Kona office at 808-325-5123 or 1-800-755-7049.