

Think bariatric surgery can't change your life? Think again.

Obesity is a chronic disease with multiple and complex causes. It is important to understand that medical treatments, including surgery, are not a cure for obesity, but a way to control this disease.

An estimated 19 million Americans are morbidly obese, a condition in which a person is 100 lbs. or more over his or her "ideal" weight. Morbid obesity increases the risk for serious progressive diseases and can shorten life expectancy. Also, the social, psychological, and economic consequences of morbid obesity are devastating.

Obesity can contribute to a variety of complex medical problems including:

- Diabetes
- High Blood Pressure
- Cardiovascular Disease
- Respiratory Problems
- Gastrointestinal Reflux
- Stroke
- Gallstones
- Osteoarthritis
- Incontinence

Obesity weighing you down?

If it is time to change your life, to start anew, and to learn to live again, then it is time to discover the surgical options available to you from a qualified, experienced, compassionate, bariatric weight loss surgeon.

Kona Community Hospital, under the surgical prowess of Ali`i Health surgeons, offer full bariatric services for patients who are overweight. Bariatric surgery changes the anatomy of your digestive system to limit the amount of food you can eat and digest. The surgery aids in weight loss and lowers the risk of medical problems associated with obesity.

Our surgeons offer Laparoscopic Roux-en-Y Gastric Bypass, Lap Band and Laparoscopic Sleeve Gastrectomy procedures

KONA METABOLIC & BARIATRIC SURGERY CENTER



Your Guide to Kona Metabolic & Bariatric Surgery Center

78-6833 Ali`i Drive, Ste. 422
Kailua Kona, HI 96740

(808) 747-8321 - Option 2



78-6831 Ali`i Drive, Suite 328 Kailua Kona, HI 96740
Most insurance plans accepted.



ASK YOUR DOCTOR ABOUT BARIATRIC SURGERY AT ALI`I HEALTH

Which Procedure is Right for Me?

ADJUSTABLE GASTRIC BAND

Adjustable gastric banding surgery involves the placement of a silicone adjustable gastric band around the top portion of your stomach. This procedure can be reversed more easily than other weight loss surgeries and is adjusted based on your progress and your specific nutritional needs. Adjustable gastric banding allows you to lose weight gradually by reducing the amount of food you can intake. Adjustable gastric banding is considered the least invasive of all weight loss surgeries, as no cutting, stapling or stomach re-routing is involved. When completed laparoscopically, adjustable gastric band patients experience less post-operative pain, reduced hospital stays and increased recovery time.



Lap Band



LAPAROSCOPIC GASTRIC BYPASS

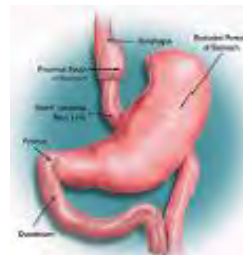
Gastric laparoscopic bypass surgery, also referred to as Roux- en-Y, is the most frequently performed weight loss surgery in the United States. Gastric bypass surgery works by changing the anatomy of your digestive system. This surgical weight loss procedure limits caloric intake and also helps decrease some of the hormones that stimulate appetite. Your bariatric surgeon will create a small pouch at the top of the stomach and then connect it to a portion of the small

intestine. Additionally, gastric bypass surgery can be completed laparoscopically with smaller incisions, less blood loss, fewer complications and often, a quicker recovery.

By decreasing the stomach size and bypassing a part of the intestines, gastric bypass surgery induces faster weight loss. The remainder of the stomach is not removed, but by bypassing it, it can no longer act as a reservoir for excess food.

The gastric bypass procedure has demonstrated added health benefits beyond weight loss as many patients also experience lower blood pressure, improvement in sleep apnea, acid reflux disease, diabetes control and joint pain.

Laparoscopic Gastric Bypass



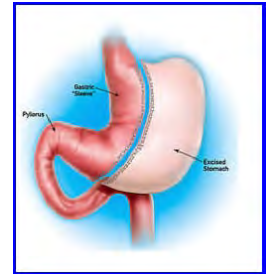
LAPAROSCOPIC SLEEVE GASTRECTOMY

During sleeve gastrectomy surgery, your bariatric surgeon will remove approximately 75 to 85 percent of your stomach, maintaining the remainder of your digestive tract. Sleeve gastrectomy procedures preserve the natural continuity between the esophagus, stomach and small intestine, so malabsorption of nutrients, vitamins and minerals does not occur.



Sleeve gastrectomy surgery is performed laparoscopically. Patients who have laparoscopic gastric surgery typically experience reduced hospital stays, smaller incisions, less scarring, and often a quicker recovery than traditional "open" procedures.

Laparoscopic Sleeve Gastrectomy



Getting Started

To learn more or to sign up now for a free, no-obligation seminar to decide if weight-loss surgery is right for you, call (808) 747-8321 (Option 2) or log on to www.alihealth.com

