PATIENT’S RIGHTS
You have the right to...

- Informed consent for non-emergency treatment
- Access to written rules and regulations for the Behavioral Health Unit.
- Access to the hospital’s grievance procedure
- Privacy, respect, and personal dignity
- A humane environment
- Freedom from discriminatory treatment based on age, gender, race, religion, or national origin
- Uncensored communication with family/friends when you maintain responsible behaviors
- Appropriate care and treatment
- Qualified, competent staff
- A medical examination before initiation of non-emergency treatment
- Participation in your treatment planning
- Knowledge of rights withheld or removed by a court of law
- Physical exercise and recreation
- Adequate food and hydration
- Knowledge of the names and titles of staff members with whom you have frequent contact
- Designate who can or cannot visit, and telephone you in the BHU
- Notice of and reasons for impeding transfer
- Freedom from seclusion or restraint, except when:
  - Necessary to prevent injury to self or others
  - Necessary to preserve the rights of others
- Access to information that has been disclosed to a court for the purpose of an involuntary civil commitment hearing

PERSONAL CARE

GROOMING AND HYGIENE
- You may wear your own clothes after you have been searched. Clothes that are unsafe or sexually provocative are not allowed.
- You will be encouraged to provide for your own care; staff can help as needed.
- Staff will provide grooming and hygiene supplies as needed.
- You may shower between the hours of 7:00 AM and 9:00 PM, except during scheduled activities.

LAUNDRY
- You may use the clothes washer and dryer between 7:30 AM and 9:00 PM except during scheduled activities.
- Staff will provide laundry detergent

NUTRITION
- Meals are served in the day room
- Hospital staff will work with you to balance your health needs and food preferences.
- Meals are served at approximately the following times:
  - Breakfast: 7:30 AM
  - Lunch: 12:00 Noon
  - Supper: 5:30 PM

COMPLAINTS/GRIEVANCES
- You may make a written complaint to any staff member.
- Staff will inform the Nurse Manager who will investigate the complaint with you. You may also call Hawaii Disability Rights Center (HDRC) intake, Monday-Friday, 8:00 AM to 12 Noon at 1.800.882.1057
- If you are a current client of HDRC, you can call the Kona office at 325.5123 or 1.800.755.7049
PATIENT RESPONSIBILITIES

VISITING
- We are all responsible to maintain a safe and therapeutic environment.
- All packages for patients will be examined.
- Visitor’s personal belongings will not be brought into the unit. It’s best to leave backpacks and purses at home or in the car.
- A maximum of two visitors are permitted at a time.
- Visitors must be at least 18 years old unless preapproved.
- All visiting must take place in the day room, courtyard, or exercise room. Not in patient rooms.

TELEVISION
- Televisions will be turned off during scheduled activities, including mealtimes and at night.
- Staff will decide appropriate content.

TELEPHONE
- You may use the telephone between 8:00 AM and 9:00 PM, except during scheduled activities.
- Access to the telephone will be 10 minutes per call to accommodate others.
- You may receive calls at 808.322.4500

MAIL/BOOKS
- Mail delivery is Mon-Fri except holidays. Mail will be opened in front of staff.
- Books & magazines can be borrowed from our library.

VALUABLES AND PERSONAL BELONGINGS
- Valuables will be locked in a safe.

CARE & TREATMENT

SPIRITUAL CARE
- You may request clergy visits to receive spiritual counseling
- Staff will make all attempts to allow privacy.

PROGRAM & GROUP PARTICPATION
- The Behavioral Health Unit program has been designed to help you understand your current situation and potential for a healthy future.
- The Treatment Team will provide individual and group activities to help you. You will be encouraged and expected to participate in all activities.
- Please let the staff know if you feel unable to attend so we can address your concerns and health needs.
- Please try to remain in the group for the entire session; if you must leave early, let staff know.

UNACCEPTABLE BEHAVIOR
- Combative, aggressive or assaultive behavior will lead to immediate removal from the situation.
- Touching other patients or staff is not allowed.
- Visiting in other patient’s rooms is not allowed.

SMOKING IS NOT ALLOWED IN THE BHU
- You have access to Nicotine replacement therapy to help alleviate the cravings. Let us know if you would like to start this therapy.

MEDICATIONS
- Medications are an important element in your recovery.
- Communicate your concerns about your medications to your doctor and nurse.

CONTRABAND
(Items Not Allowed In Unit)

<table>
<thead>
<tr>
<th>Food or Drinks from visitors</th>
<th>Recording Devices</th>
<th>Cell Phone, Pager</th>
</tr>
</thead>
<tbody>
<tr>
<td>Valuables</td>
<td>Medications</td>
<td>Cameras</td>
</tr>
<tr>
<td>Jewelry</td>
<td>Cigarettes</td>
<td>Headphones</td>
</tr>
<tr>
<td>Walkman</td>
<td>Chopsticks</td>
<td>Pens, Pencils</td>
</tr>
<tr>
<td>Pointed Objects</td>
<td>Spiral Notebooks</td>
<td>Metal nail files</td>
</tr>
<tr>
<td>Matches, Lighters</td>
<td>Hats, Sunglasses</td>
<td>Rubber or Plastic Gloves</td>
</tr>
<tr>
<td>Belts</td>
<td>Boots</td>
<td>Shoelaces</td>
</tr>
<tr>
<td>Bra with Underwire</td>
<td>Bandana or Scarf</td>
<td>Bathing Suits</td>
</tr>
<tr>
<td>Military Fatigues</td>
<td>Drawstring Clothes</td>
<td>Soda Cans</td>
</tr>
<tr>
<td>Cosmetics with glass</td>
<td>Glass bottles</td>
<td>Tape</td>
</tr>
<tr>
<td>Plastic or Glass Vase</td>
<td>Pornography</td>
<td>Weapons</td>
</tr>
<tr>
<td>Rope or String</td>
<td>Plastic Bags</td>
<td>Lap Top Computers</td>
</tr>
</tbody>
</table>

CONTROLLED ITEMS
(Secured and Dispensed by Staff)

<table>
<thead>
<tr>
<th>Walker/Canes</th>
<th>Dental Floss</th>
<th>Mousse</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grooming Supplies</td>
<td>Nail Clippers</td>
<td>Craft Supplies</td>
</tr>
<tr>
<td>Shampoo</td>
<td>Conditioner</td>
<td>Deodorant</td>
</tr>
</tbody>
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