

PATIENT'S RIGHTS

You have the right to...

- Informed consent for non-emergency treatment
- Access to written rules and regulations for the Behavioral Health Unit.
- Access to the hospital's grievance procedure
- Privacy, respect, and personal dignity
- A humane environment
- Freedom from discriminatory treatment based on age, gender, race, religion, or national origin
- Uncensored communication with family/friends when you maintain responsible behaviors
- Appropriate care and treatment
- Qualified, competent staff
- A medical examination before initiation of non-emergency treatment
- Participation in your treatment planning
- Knowledge of rights withheld or removed by a court of law
- Physical exercise and recreation
- Adequate food and hydration
- Knowledge of the names and titles of staff members with whom you have frequent contact
- Designate who can or cannot visit, and telephone you in the BHU
- Notice of and reasons for impeding transfer
- Freedom from seclusion or restraint, except when:
 - Necessary to prevent injury to self or others
 - Necessary to preserve the rights of others
- Access to information that has been disclosed to a court for the purpose of an involuntary civil commitment hearing



Revised 08.28.2018

PERSONAL CARE

GROOMING AND HYGIENE

- You may wear your own clothes after you have been searched. Clothes that are unsafe or sexually provocative are not allowed.
- You will be encouraged to provide for your own care; staff can help as needed.
- Staff will provide grooming and hygiene supplies as needed.
- You may shower between the hours of 7:00 AM and 9:00 PM, except during scheduled activities.

LAUNDRY

- You may use the clothes washer and dryer between 7:30 AM and 9:00 PM except during scheduled activities.
- Staff will provide laundry detergent

NUTRITION

- Meals are served in the day room
- Hospital staff will work with you to balance your health needs and food preferences.
- Meals are served at approximately the following times:

Breakfast: 7:30 AM

Lunch: 12:00 Noon

Supper: 5:30 PM



COMPLAINTS/GRIEVANCES

- You may make a written complaint to any staff member.
- Staff will inform the Nurse Manager who will investigate the complaint with you. You may also call Hawaii Disability Rights Center (HDRC) intake, Monday-Friday, 8:00 AM to 12 Noon at 1.800.882.1057
- If you are a current client of HDRC, you can call the Kona office at 325.5123 or 1.800.755.7049



KONA
COMMUNITY HOSPITAL

Care You Can Count On



KALANI OLA

Behavioral Health Unit

PATIENT GUIDE

ALOHA

**This brochure contains
information to help make
your stay here comfortable,
safe and therapeutic**

79-1019 Haukapila St
Kealahou, HI 96750
808.322.4500
www.kch.hhsc.org

PATIENT RESPONSIBILITIES



VISITING

- We are all responsible to maintain a safe and therapeutic environment.
- All packages for patients will be examined.
- Visitor's personal belongings will not be brought into the unit. It's best to leave backpacks and purses at home or in the car.
- A maximum of two visitors are permitted at a time.
- Visitors must be at least 18 years old unless preapproved.
- All visiting must take place in the day room, courtyard, or exercise room. Not in patient rooms.

TELEVISION

- Televisions will be turned off during scheduled activities, including mealtimes and at night.
- Staff will decide appropriate content.

TELEPHONE

- You may use the telephone between 8:00 AM and 9:00 PM, except during scheduled activities.
- Access to the telephone will be 10 minutes per call to accommodate others.
- You may receive calls at 808.322.4500

MAIL/BOOKS

- Mail delivery is Mon-Fri except holidays. Mail will be opened in front of staff.
- Books & magazines can be borrowed from our library.

VALUABLES AND PERSONAL BELONGINGS

- Valuables will be locked in a safe.

CARE & TREATMENT



SPIRITUAL CARE

- You may request clergy visits to receive spiritual counseling
- Staff will make all attempts to allow privacy.

PROGRAM & GROUP PARTICIPATION

- The Behavioral Health Unit program has been designed to help you understand your current situation and potential for a healthy future.
- The Treatment Team will provide individual and group activities to help you. You will be encouraged and expected to participate in all activities.
- Please let the staff know if you feel unable to attend so we can address your concerns and health needs.
- Please try to remain in the group for the entire session; if you must leave early, let staff know.

UNACCEPTABLE BEHAVIOR

- Combative, aggressive or assaultive behavior will lead to immediate removal from the situation.
- Touching other patients or staff is not allowed.
- Visiting in other patient's rooms is not allowed.

SMOKING IS NOT ALLOWED IN THE BHU

- You have access to Nicotine replacement therapy to help alleviate the cravings. Let us know if you would like to start this therapy.

MEDICATIONS

- Medications are an important element in your recovery.
- Communicate your concerns about your medications to your doctor and nurse.

CONTRABAND

(Items Not Allowed In Unit)



Food or Drinks from visitors	Recording Devices	Cell Phone, Pager
Valuables	Medications	Cameras
Jewelry	Cigarettes	Headphones
Walkman	Chopsticks	Pens, Pencils
Pointed Objects	Spiral Notebooks	Metal nail files
Matches, Lighters	Hats, Sunglasses (Only Rx)	Rubber or Plastic Gloves
Belts	Boots	Shoelaces
Bra with Underwire	Bandana or Scarf	Bathing Suits
Military Fatigues	Drawstring Clothes	Soda Cans
Cosmetics with glass	Glass bottles	Tape
Plastic or Glass Vase	Pornography	Weapons
Rope or String	Plastic Bags	Lap Top Computers

CONTROLLED ITEMS

(Secured and Dispensed by Staff)



Walker/Canes	Dental Floss	Mousse
Grooming Supplies	Nail Clippers	Craft Supplies
Shampoo	Conditioner	Deodorant