

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
 AUGUST 2025					1. Lunch: Fish & Chips or Crispy Hawaiian Garlic Tofu (V) Dinner: Beef Stroganoff	2. Lunch: Pork & Peas Dinner: Cajun Shrimp
3. Lunch: Shoyu Chicken Dinner: Beef Teriyaki Meatballs	4. Lunch: Beef Stew or Veggie Stew (V) Dinner: Herb & Garlic Shrimp	5. Lunch: Thai Yellow Curry Chicken or Thai Yellow Curry Tofu (V, GF) Dinner: Ginger Pepper Steak	6. Lunch: Roast Pork w/Gravy or Curried Pumpkin & Peas (V,GF) Dinner: Broiled Lemon Dill Salmon	7. Lunch: Grilled Fish Tacos or Jackfruit Tacos (V) Taco Bar Available Dinner: Home Made Pizza	8. Lunch: Beef Chili or Veggie Chili (V,GF) Potato Bar Available Dinner: Pork Pinakbet	9. Lunch: Chicken Papaya Dinner: Beef Chimichanga
10. Lunch: Thai Basil Garlic Shrimp Dinner: Spaghetti w/Beef Meatballs	11. Lunch: Chicken Long Rice or Veggie Long Rice (V, GF) Dinner: Pork Nishime	12. Lunch: Kalua Pork & Cabbage or Kabocha Chili (V,GF) Dinner: Beef & Italian Sausage Lasagna	13. Lunch: Chicken Katsu or Szechuan Chinese Eggplant (V, GF) Dinner: Pork Stew	14. Lunch: Beef Fajitas or Black Bean & Veggie Fajitas (V) Taco Bar Available Dinner: Chicken Tikka Masala	15. Holiday Lunch: Thai Fish or Ulu Stir Fry (V) Dinner: Filipino Beef Soup	16. Lunch: Char Siu Pork Dinner: Garlic Butter Shrimp
17. Lunch: Chicken Pancit Dinner: Beef Meatloaf	18. Lunch: Teriyaki Beef or Teriyaki Tofu (V) Dinner: Shrimp Scampi	19. Lunch: Chicken Wings or Gochujang Cauliflower (V,GF) Dinner: Beef Afritada	20. Lunch: Pork Adobo or Eggplant Adobo (V,GF) Dinner: Green Curry Fish	21. Lunch: Hawaiian Garlic Shrimp or Hawaiian Garlic Tofu (V) Dinner: Roast Turkey w/Gravy	22. Lunch: Big Island Beef Burger or House Made Veggie Burger on Bun (V) Burger Bar Available Dinner: Sweet & Sour Pork	23. Lunch: Sesame Chicken Dinner: Beef & Broccoli
24. Lunch: Garlic & Parsley Grilled Catch of the Day Dinner: Roast Beef w/Gravy	25. Lunch: Chicken Gyros or Falafel Gyros (V) Dinner: Pork Burrito	26. Lunch: Mushroom & Spinach w/Italian Sausage Pasta or Kabocha Chili (V, GF) Dinner: Korean BBQ Beef Short Ribs	27. Lunch: Arroz Caldo or Sesame Edamame Stir Fry (V, GF) Dinner: Pork Chop	28. Lunch: Spaghetti Bolognese or Veggie Bolognese (V) Dinner: Chicken Adobo	29. Lunch: Tempura Fish or Tempura Vegetables w/Tofu (V) Dinner: Beef Stroganoff	30. Lunch: Pork Chow Mein Dinner: Herb & Garlic Shrimp
31. Lunch: Chicken Marsala w/Pasta Dinner: Beef Tomato Mushroom	V-Vegan Veg -Vegetarian GF- Gluten Free GF*- Confirm w/Kitchen					