

April 2024

<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
	1 Lunch: Beef Stew or Veggie Stew (V, GF) Dinner: Pork & Peas	2 Lunch: Chicken Wings or Szechuan Chinese Eggplant (V, GF) Dinner: Beef Stuffed Peppers	3 Lunch: Roast Pork w/Gravy or Cauliflower w/Greens and Beans (V, GF) Dinner: Catch of the Day	4 Lunch: Hawaiian Style Garlic Shrimp or Crispy Hawaiian Garlic Tofu (V) Dinner: Hamburger Goulash	5 Lunch: Teriyaki Beef or Lentil Loaf (V, GF) Dinner: Pork Pancit	6 Lunch: Chicken Curry Dinner: Beef Stroganoff
7 Lunch: Catch of the Day Dinner: Pork Stew	8 Lunch: BBQ Chicken or BBQ Tofu (V, GF) Dinner: Roast Beef w/Gravy	9 Lunch: Pork Enchiladas Verde (green) or Jackfruit Enchiladas Verde (V) Dinner: Beef Lasagna	10 Lunch: Thai Roasted Chicken or Garlic-Soy Glazed Thai Rice Noodles w/Mushroom & Spinach (V, GF) Dinner: Pork Chop	11 Lunch: Spaghetti Bolognese or Veggie Bolognese (V) Dinner: Chicken Stir-Fry	12 Lunch: Grilled Fish or Stuffed Eggplant (V, GF) Dinner: Meatloaf w/Gravy	13 Lunch: Sweet & Sour Pork Dinner: Shrimp Alfredo
14 Lunch: Roast Chicken w/Gravy Dinner: Ground Turkey Burrito	15 Lunch: Beef & Broccoli or Tofu Vegetable Stir-Fry (V) Dinner: Portuguese Pork Vina Dosh	16 Lunch: Korean Chicken or Gochujang Cauliflower (V) Dinner: Hamburger Steaks w/Gravy	17 Lunch: Pork Adobo or Eggplant Adobo (V, GF) Dinner: Catch of the Day	18 Lunch: Shrimp Scampi or Shroom & White Bean Scampi (V) Dinner: Beef Shepard's Pie	19 Lunch: Big Island Beef Burger or House-Made Veggie Burger on Bun (V) Dinner: Pork Tofu	20 Lunch: Chicken Papaya Dinner: Beef Sukiyaki
21 Lunch: Catch of the Day Dinner: Portuguese Bean Soup w/Dinner Roll	22 Lunch: Sesame Chicken or Tofu Sukiyaki (V, GF) Dinner: Hawaiian Chopped Steak	23 Lunch: Kalua Pork w/Cabbage or Stuffed Cabbage Rolls (V, GF) Dinner: Meatloaf w/Gravy	24 Lunch: Chicken Katsu or Glazed Ulu w/Tofu (V, GF) Dinner: Pork & Vegetable Stir-Fry	25 Lunch: Beef Chili or Veggie Chili (V, GF) Dinner: Arroz Caldo	26 Lunch: Tempura Fish or Tofu & Veggie Tempura (V) Dinner: Mexican Style Beef & Ulu Casserole	27 Lunch: Pork Spareribs Dinner: Shrimp Fried Rice
28 Lunch: Chinese Roast Chicken Dinner: Teriyaki Beef Meatballs	29 Lunch: Beef Stew or Veggie Stew (V, GF) Dinner: Pork & Peas	30 Lunch: Chicken Wings or Szechuan Chinese Eggplant (V, GF) Dinner: Beef Stuffed Peppers	V-Vegan Veg-Vegetarian GF-Gluten Free GF*-Confirm w/Kitchen			